

CAMP FREEDOM DINING MENU 2024



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	<u>Served Daily</u> Assorted Cereals Milk Juice Fresh Fruit Yogurt Oatmeal	<u>Waffles</u> Turkey Sausage Fresh Fruit Syrup	<u>Cheese Omelete</u> Bacon Tots Fresh Fruit	<u>Pancakes</u> Turkey Sausage Fresh Fruit Syrup	<u>Build Your Own Breakfast Sandwich</u> Egg Patties English Muffin Turkey Sausage Cheese Fresh Fruit	<u>French Toast</u> Bacon Breakfast Potato Fresh Fruit Syrup	<u>Continental</u> Mini Waffles Bagle Bars Benefit Bars Assorted Cereal Assorted fruit
LUNCH		Double Cheese Burger on Bun Cheese/Let/Tom Tots Fruit Cup Salad Bar	<u>Spicy Chicken Sandwich</u> Lettuce/Tomato Sweet Potatoes Fruit Cup Salad Bar	<u>Hot Dogs</u> Mac N Cheese Fruit Cup Salad Bar	<u>Chicken Nuggets</u> Au Gratin Potatoes Fruit Cup Salad Bar	<u>Meatball Hoagie</u> French Fries Fruit Cup Salad Bar	WOWbutter & Jelly Sandwich available as a mealtime alternative Menus subject to change due to availability
DINNER	<u>Pasta Night</u> Lasagna Roll ups Meatball Breadstick Hot Veggie Rice Crispy Treat	<u>General Tso Chicken</u> General Tso Chicken Bites Fried Rice Hot Veggie Dinner Roll Fortune Cookie Salad Bar	<u>Cheese Pizza</u> French Fries Hot Veggie 4oz Breadstick Jello Cup Salad Bar	<u>BBq Chicken</u> Grilled Chicken Breast Seasoned Rice Hot Veggie Dinner Roll Cookie Salad Bar	<u>Cookout Night</u> Steak Onions Redskin Potatoes Baby Carrots Italian Ice Cup Salad Bar	<u>Heritage Bowl</u> Popcorn Chicken Mash Potatoes w/ Gravy Seasoned Corn Biscuit Pudding Salad Bar	

Special Dietary Request Form: <https://247scouting.com/forms/527-SpecialDietaryRequest24>

CAMP FREEDOM DINING MENU 2024 - DAIRY FREE



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	<u>Served Daily</u> Assorted Cereals Oat Milk Juice Fresh Fruit Oatmeal	<u>DF Waffles</u> Turkey Sausage Fresh Fruit Syrup	<u>Scrambled Eggs</u> Bacon Tots Fresh Fruit	<u>DF Waffles</u> Turkey Sausage Fresh Fruit Syrup	<u>Build Your Own Breakfast Sandwich</u> Fresh egg patty English Muffin Turkey Sausage Cheese Fresh Fruit	<u>Egg Bake</u> Liquid Egg Bacon Breakfast Potato Fresh Fruit	<u>Continental</u> Poptart Coco Puffs BF Bar Assorted Cereal Assorted fruit
LUNCH		<u>Double Burger on Bun</u> Let/Tom Tots Fruit Cup Salad Bar	<u>Spicy Chicken Sandwich</u> Lettuce/Tomato Sweet Potatoes Fruit Cup Salad Bar	<u>Hot Dogs</u> Buttered Noodles Fruit Cup Salad Bar	<u>Chicken Nuggets</u> Fried Potatoes Fruit Cup Salad Bar	<u>Meatball Hoagie</u> Chicken Meatballs French Fries Fruit Cup Salad Bar	Turkey Deli Sandwich available as a mealtime alternative Menus subject to change due to availability
DINNER	<u>Pasta Night</u> Pasta with Marinara Meatball Breadstick Hot Veggie Oreo Cookie	<u>General Tso Chicken</u> General Tso Chicken Bites Fried Rice Hot Veggie Dinner Roll Fortune Cookie Salad Bar	<u>Pasta with Marinara</u> French Fries Hot Veggie Breadstick Jello Cup Salad Bar	<u>BBq Chicken</u> Grilled Chicken Breast Seasoned Rice Hot Veggie Dinner Roll Cookie Salad Bar	<u>Cookout Night</u> Steak Onions Redskin Potatoes Baby Carrots Italian Ice Cup Salad Bar	<u>Heritage Bowl</u> Popcorn Chicken Mashed Potato Seasoned Corn Dinner Roll Oreo Cookie Salad Bar	

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CAMP FREEDOM DINING MENU 2024 - GLUTEN FREE



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	<u>Served Daily</u> Assorted Cereals Milk Juice Fresh Fruit Yogurt Oatmeal	<u>GF Waffles</u> Turkey Sausage Fresh Fruit Syrup	<u>Cheese Omelete</u> Bacon Tots Fresh Fruit	<u>GF Waffles</u> Turkey Sausage Fresh Fruit Syrup	<u>Build Your Own Breakfast Sandwich</u> Egg Patties GF Sliced Bread Turkey Sausage Cheese Fresh Fruit	<u>Egg Bake</u> Liquid egg Turkey Sausage Breakfast Potato Fresh Fruit Syrup	<u>Continental</u> GF Muffin GF Granola Bar Assorted Cereal Assorted fruit
LUNCH		<u>Double Cheese Burger on Bun</u> GF Bun Cheese/Let/Tom Tots Fruit Cup Salad Bar	<u>Spicy Chicken Sandwich</u> Grilled Chicken tossed in Hot Sauce GF Bun Lettuce/Tomato Sweet Potatoes Fruit Cup Salad Bar	<u>Hot Dogs</u> GF Bun GF Mac N Cheese Fruit Cup Salad Bar	<u>GF Chicken Tenders</u> Au Gratin Potatoes Fruit Cup Salad Bar	<u>Meatball Hoagie</u> GF Bun GF Meatballs French Fries Fruit Cup Salad Bar	Deli Turkey on GF Bread available as a mealtime alternative Menus subject to change due to availability
DINNER	<u>Pasta Night</u> GF Cheesy Pasta Bake Hot Veggie GF Breadstick Rice Crispy Treat	<u>General Tso Chicken</u> GF Chicken tender Fried Rice Hot Veggie GF Sliced Bread GF Snickerdoodle Salad Bar	<u>GF Pasta Bake</u> French Fries Hot Veggie GF Breadstick Jello Cup Salad Bar	<u>BBq Chicken</u> Grilled Chicken Breast Seasoned Rice Hot Veggie GF Sliced Bread GF Snickerdoodle Salad Bar	<u>Cookout Night</u> Steak Onions Redskin Potatoes Baby Carrots Italian Ice Cup Salad Bar	<u>Heritage Bowl</u> GF Chicken Chunks Mashed Potatoes Seasoned Corn GF Sliced Bread Pudding Salad Bar	

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CAMP FREEDOM DINING MENU 2024 - VEGETARIAN



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	<u>Served Daily</u> Assorted Cereals Milk Juice Fresh Fruit Yogurt Oatmeal	<u>Waffles</u> Vegaterian Sausage Fresh Fruit Syrup	<u>Cheese Omelete</u> Vegaterian Sausage Tots Fresh Fruit	<u>Pancakes</u> Vegaterian Sausage Fresh Fruit Syrup	<u>Build Your Own Breakfast Sandwich</u> Egg Patties English Muffin Cheese Fresh Fruit	<u>French Toast</u> Vegetarian Sausage Breakfast Potato Fresh Fruit Syrup	<u>Continental</u> Mini Waffles Bagle Bars Benefit Bars Assorted Cereal Assorted fruit
LUNCH		<u>Double Cheese Burger on Bun</u> Black Bean Burger Cheese/Let/Tom Tots Fruit Cup Salad Bar	<u>Grilled Cheese Sandwich</u> Sweet Potatoes Fruit Cup Salad Bar	<u>Garden Burger on Bun</u> Mac N Cheese Fruit Cup Salad Bar	<u>Chicken Nuggets</u> Vegetarian Chicken Tender Au Gratin Potatoes Fruit Cup Salad Bar	<u>Meatball Hoagie</u> Vegetarian Meatballs French Fries Fruit Cup Salad Bar	WOWbutter & Jelly Sandwich available as a mealtime alternative Menus subject to change due to availability
DINNER	<u>Pasta Night</u> Lasagna Roll ups Breadstick Hot Veggie Rice Crispy Treat	<u>General Tso Chicken</u> Vegetarian Chicken Tender Fried Rice Hot Veggie Dinner Roll Fortune Cookie Salad Bar	<u>Breaded Eggplant w/ marinara</u> French Fries Hot Veggie Breadstick Jello Cup Salad Bar	<u>BBQ Tofu</u> BBQ Tofu Seasoned Rice Hot Veggie Dinner Roll Cookie Salad Bar	<u>Cookout Night</u> Vegetarian Italian Sausage Onions Redskin Potatoes Baby Carrots Italian Ice Cup Salad Bar	<u>Heritage Bowl</u> Vegetarian Chicken Tender Mash Potatoes w/ Gravy Seasoned Corn Biscuit Pudding Salad Bar	

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CAMP FREEDOM DINING MENU 2024- GLUTEN FREE/DAIRY FREE



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	<u>Served Daily</u> Assorted Cereals Oat Milk Juice Fresh Fruit Oatmeal	<u>GF/DF Waffles</u> Turkey Sausage Fresh Fruit Syrup	<u>Scrambled Eggs</u> Bacon Tots Fresh Fruit	<u>GF/DF Waffles</u> Turkey Sausage Fresh Fruit Syrup	<u>Build Your Own Breakfast Sandwich</u> Egg Patties GF Sliced Bread Turkey Sausage Fresh Fruit	<u>Egg Bake</u> Liquid egg Turkey Sausage Breakfast Potato Fresh Fruit Syrup	<u>Continental</u> DF/GF Muffin DF/GF Granola Bar Assorted Cereal Assorted fruit
LUNCH		<u>Double Burger on Bun</u> DF/GF Bun Cheese/Let/Tom Tots Fruit Cup Salad Bar	<u>Spicy Chicken Sandwich</u> Grilled Chicken tossed in Hot Sauce DF/GF Bun Lettuce/Tomato Sweet Potatoes Fruit Cup Salad Bar	<u>Hot Dogs</u> GF Bun GF/DF Buttered Noodles Fruit Cup Salad Bar	<u>GF/DF Chicken Tenders</u> Fried Potatoes Fruit Cup Salad Bar	<u>Meatball Hoagie</u> GF Bun GF Meatballs French Fries Fruit Cup Salad Bar	Deli Turkey on GF/DF Bread available as a mealtime alternative Menus subject to change due to availability
DINNER	<u>Pasta Night</u> GF Pasta Bake Hot Veggie GF/DF Breadstick Jello Cup	<u>General Tso Chicken</u> GF/DF Chicken tender Fried Rice Hot Veggie GF Sliced Bread GF/DF Cookie Salad Bar	<u>GF/DF Pasta Bake</u> French Fries Hot Veggie GF Breadstick Jello Cup Salad Bar	<u>BBq Chicken</u> Grilled Chicken Breast Seasoned Rice Hot Veggie GF Sliced Bread GF/DF Cookie Salad Bar	<u>Cookout Night</u> Steak Onions Redskin Potatoes Baby Carrots Italian Ice Cup Salad Bar	<u>Heritage Bowl</u> GF/DF Chicken Chunks Mashed Potatoes Seasoned Corn GF Sliced Bread Jello Cup Salad Bar	

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CAMP FREEDOM DINING MENU 2024 - NO PORK



	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
BREAKFAST	<u>Served Daily</u> Assorted Cereals Milk Juice Fresh Fruit Yogurt Oatmeal	<u>Waffles</u> Turkey Sausage Fresh Fruit Syrup	<u>Cheese Omelete</u> Turkey Sausage Tots Fresh Fruit	<u>Pancakes</u> Turkey Sausage Fresh Fruit Syrup	<u>Build Your Own Breakfast Sandwich</u> Egg Patties English Muffin Turkey Sausage Cheese Fresh Fruit	<u>French Toast</u> Turkey Sausage Breakfast Potato Fresh Fruit Syrup	<u>Continental</u> Mini Waffles Bagle Bars Benefit Bars Assorted Cereal Assorted fruit
LUNCH		Double Cheese Burger on Bun Cheese/Let/Tom Tots Fruit Cup Salad Bar	<u>Spicy Chicken Sandwich</u> Lettuce/Tomato Sweet Potatoes Fruit Cup Salad Bar	<u>Hot Dogs</u> Mac N Cheese Fruit Cup Salad Bar	<u>Chicken Nuggets</u> Au Gratin Potatoes Fruit Cup Salad Bar	<u>Meatball Hoagie</u> Chicken Meatballs French Fries Fruit Cup Salad Bar	WOWbutter & Jelly Sandwich available as a mealtime alternative Menus subject to change due to availability
DINNER	<u>Pasta Night</u> Lasagna Roll ups Chicken Meatballs Breadstick Hot Veggie Rice Crispy Treat	<u>General Tso Chicken</u> General Tso Chicken Bites Fried Rice Hot Veggie Dinner Roll Fortune Cookie Salad Bar	<u>Cheese Pizza</u> French Fries Hot Veggie Breadstick Pudding Salad Bar	<u>BBq Chicken</u> Grilled Chicken Breast Seasoned Rice Hot Veggie Dinner Roll Cookie Salad Bar	<u>Cookout Night</u> Steak Onions Redskin Potatoes Baby Carrots Italian Ice Cup Salad Bar	<u>Heritage Bowl</u> Popcorn Chicken Mash Potatoes w/ Gravy Seasoned Corn Biscuit Pudding Salad Bar	

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