



CAMP FREEDOM DINING MENU 2023



Weeks

	2/4/6	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
Breakfast	Served Daily Assorted cereals Milk Juice Oatmeal Yogurt Salad with Lunch & Dinner	<u>Breakfast Sandwich</u> English Muffin Turkey Sausage Egg Cheese Breakfast Potato Fresh Fruit	<u>Biscuits & Gravy</u> Buttermilk Biscuits Sausage Gravy Breakfast Potato Fresh Fruit	<u>Buttermilk Pancakes</u> Pancakes Turkey Sausage Breakfast Potato Syrup Fresh Fruit	<u>Scrambled Eggs</u> Bacon Cheese Breakfast Potato Fresh Fruit	<u>French Toast</u> Turkey Sausage Syrup Breakfast Potato Fresh Fruit	<u>Continental</u> Pastries Muffins Assorted fruit		
		Lunch	Wowbutter & Jelly Sandwich available as a mealtime alternative	<u>BBQ Pulled Chicken</u> on a bun French Fries Hot Veggie Fruit Cup Water	<u>Hot Dog</u> Condiments Baked Beans Coleslaw Fruit Cup Water	<u>Chicken Enchilada Bake</u> Seasoned Chicken Shredded Cheese Black Beans Corn Fruit Cup Water	<u>Chicken Tenders</u> Coleslaw Dipping Sauce Mashed Potatoes Fruit Cup Water	<u>Walking Taco</u> Chips Seasoned Beef Shredded Cheese Steamed Rice Refried Beans Fruit Cup Water	Menus subject to change due to availability
				Dinner	<u>Chicken Drumstick</u> Mashed Potatoes Gravy Corn Apple Crisp	<u>Lasagna</u> Meat Sauce Breadstick Zucchini Pudding	<u>Heritage Bowl</u> Popcorn Chicken Mashed Potatoes Corn Gravy Brownie	<u>Swedish Meatballs</u> Buttered Noodles Seasoned Peas Dinner Roll Fresh Baked Cookie	

Visit www.lhscouting.org/camping/summer for more information and to access the allergy form