



CAMP FREEDOM DINING MENU 2023



Weeks

1/3/5

| | SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|------------------|--|---|--|---|--|---|---|
| Breakfast | <p><u>Served Daily</u> Assorted Cereals Milk Juice Oatmeal Yogurt</p> | <p><u>Biscuits & Gravy</u> Buttermilk Biscuits Sausage Gravy Breakfast Potato Fresh Fruit</p> | <p><u>Pancakes</u> Bacon Breakfast Potato Syrup Fresh Fruit</p> | <p><u>Cheese Omelete</u> Turkey Sausage Breakfast Potatoes Fresh Fruit</p> | <p><u>French Toast</u> Bacon Breakfast Potato Syrup Fresh Fruit</p> | <p><u>Breakfast Sandwich</u> English Muffin Sausage Egg Cheese Breakfast Potato Fresh Fruit</p> | <p><u>Continental</u> Pastries Muffins Assorted fruit</p> |
| Lunch | <p>Salad with Lunch & Dinner Wowbutter & Jelly Sandwich available as a mealtime alternative</p> | <p><u>Burgers</u> Cheese/Toppings Condiments Hot Veggie Baked Beans Fruit Cup Water</p> | <p><u>Mini Corn Dogs</u> Condiments Pasta Salad French Fries Fruit Cup Water</p> | <p><u>Crispy Chicken Sandwich</u> Toppings Condiments Hot Veggie Mac n Cheese Fruit Cup Water</p> | <p><u>Pulled BBQ Chicken</u> Corn Bread Potato Wedges Hot Veggie Fruit Cup Water</p> | <p><u>Pizza</u> Cheese Pizza Coleslaw Hot Veggie Fruit Cups Water</p> | <p>Menus subject to change due to availability</p> |
| Dinner | <p><u>Pasta Night</u> Penne Pasta Meat Sauce Breadstick Broccoli Rice Crispy Treat</p> | <p><u>Chicken Walking Taco</u> Seasoned Chicken Cheese Corn Seasoned Rice Pudding</p> | <p><u>Heritage Bowl</u> Popcorn Chicken Mashed Potatoes Seasoned Corn Gravy Yellow Cake</p> | <p><u>Meatloaf</u> Peas Mashed Potatoes Dinner Roll Mixed Vegetables Dirt Pie</p> | <p><u>Cookout Night</u> Steak Onions Redskin Potatoes Baby Carrots Dessert</p> | <p><u>Chicken Alfredo</u> Penne Pasta Chicken Strips Seasoned Broccoli Breadstick House Baked Cookie</p> | |

Visit www.lhcsouting.org/camping/summer for more information and to access the allergy form