



CAMP FREEDOM DINING MENU 2022



Weeks

1/3/5

	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Breakfast	<u>Served Daily</u> Assorted cereals Milk Juice Oatmeal	<u>Biscuits & Gravy</u> Buttermilk Biscuits Sausage Gravy Hashbrown Apples	<u>Pancakes</u> Bacon Tater Tots Orange Wedges Syrup	<u>Cheddar Omelete</u> Egg Omelete Sausage Tater Tots Bananas	<u>Cinnamon French Toast</u> Bacon Hashbrown Orange Wedges	<u>Southwest Scramble</u> Eggs Peppers & Onions Cheese Roasted Potato Sausage Apples	<u>Continental</u> Pastries Muffins Assorted fruit
	Lunch	Yogurt Salad Bar	<u>Burgers</u> Cheese Toppings Condiments Potato Salad Fruit Cup Water	<u>Ham & Cheese</u> Sliced Ham Cheese Chips Veggies Ranch Fruit Cup Water	<u>Crispy Chicken Sandwich</u> Toppings Condiments Pasta Salad Fruit Cup Water	<u>Sloppy Joe</u> Ground Meat Sauce Baked Beans Fruit Cup Water	<u>Pizza</u> Cheese or Pepperoni Pasta Salad Orange Wedges Water
Dinner	<u>Pasta Night</u> Penne Pasta Meat Sauce Garlic Toast Steamed Broccoli Pudding	<u>Roast Turkey</u> Turkey w/ Gravy Glazed Carrots Mashed Potatoes Dinner Roll Brownie	<u>Italian Sausage</u> Peppers & Onions Tomato Sauce French Fries Apple Crisp	<u>Meatloaf</u> Peas Mashed Potatoes Dinner Roll Pudding	<u>Cookout Night</u> Steak Onions Redskin Potatoes Baby Carrots Peach Cobbler	<u>Chicken Alfredo</u> Penne Pasta Grilled Chicken Seasoned Broccoli Garlic Toast Rice Krispie Treats	

Visit www.lhcsouting.org/camping/summer for more information and to access the allergy form