

# National Youth Leadership Training

Laurel Highlands Council – Camp Seph Mack – Twin Arrow Course



Supplemental Medical Screening Questionnaire

**This form MUST accompany the Annual BSA Health and Medical Record**

PARTICIPANT'S NAME: \_\_\_\_\_ AGE \_\_\_\_\_

Do you have any medicine, food, or environmental allergies? NO YES - please list them:

Are you taking any medications prescribed by a doctor? NO YES

If you answered YES, please verify that all prescription medications that you will bring to the course are listed at the bottom of "Part A" of the Annual BSA Health and Medical Record by signing below:

Signature of Parent/Guardian: \_\_\_\_\_ Date \_\_\_\_\_

### PART II – TO BE COMPLETED BY PARENT/GUARDIAN

As the parent/guardian for the Twin Arrow participant named above, I acknowledge that he is currently taking the prescribed medication(s) listed on his Annual BSA Health and Medical Record as verified above. I understand that taking these medications as prescribed is the responsibility of the Twin Arrow participant named above. I also acknowledge and understand that **all medication, including any over-the-counter medication, must be turned in at check in** and will be held by the Camp Medical Officer in locked storage. Refrigeration, if needed, will be provided.

Signature of Parent/Guardian: \_\_\_\_\_ Date \_\_\_\_\_

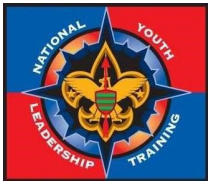
### PART III – TO BE COMPLETED BY PARENT/GUARDIAN

Which of the following over-the-counter medications do you give permission for Twin Arrow Medical Officer to give to your Scout, should it be needed during the week? All medications will be dosed according to package instructions for the Scout's age/weight.

acetaminophen (Tylenol)	YES NO	ibuprofen (Advil/Motrin)	YES NO
Diphenhydramine (Benadryl)	YES NO	pseudoephedrine (Sudafed)	YES NO
Pepto-Bismal	YES NO	TUMS	YES NO
Maalox	YES NO	Milk of Magnesia	YES NO
loperamide (Imodium AD)	YES NO	Robitussin	YES NO
tolnaftate (Tinactin)	YES NO	Oragel	YES NO

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_

FOR MEDICAL STAFF USE ONLY: Screening date: \_\_\_\_\_ Screener's initials: \_\_\_\_\_



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## WHAT YOU SHOULD BRING

Bring a durable outdoor tent for you to live in for the week. Tents will **NOT** be provided by the camp, **you will need to bring your own tent.**

Do not bring a hand ax or any other ax yard equipment. This will be supplied by the Quartermasters as needed. Patrol equipment such as tarps and cookware will also be provided.

We recommend that you pack your gear in a backpack, you must be able to carry your gear to your campsite. Note: All gear is subject to inspection by the adult staff during the course.

### *Suggested Personal Equipment Checklist*

- A COURSE HAT WILL BE PROVIDED
- A COURSE T-SHIRT WILL BE PROVIDED  
(Additional t-shirts can be purchased: \$13.00 each)

#### REQUIRED ITEMS

- Medications**, if any (labeled with name and dosage in a zip lock bag)
- BSA Uniform shirt\*\*\***
- BSA Uniform shorts and/or pants  
(No blue jeans)
- Knife, fork, spoon, and cup
- Canteen/water bottle
- Sleeping bag**/blankets (liner/sheets)
- Flashlight (spare batteries & bulbs)
- Durable outdoor **tent** to live in for the week

- Class “B” Scout or plain T-shirts
- Shoes/boots suitable for hiking/camping
- Raincoat, poncho, or rain suit
- Light jacket or jac-shirt
- Ground cloth (waterproof)
- Scout knife (no belt clips, folding blades only, bring your Totin’Chip)
- Personal first aid kit
- Ball point pen or a pencil
- Official Boy Scout Handbook
- Watch
- Insect repellent
- Compass
- Towel and Soap

#### HIGHLY RECOMMENDED ITEMS

- Backpack or duffle-You will carry everything you bring with you to your campsite yourself.
- Uniform **socks** (multiple)
- Neckerchief slide

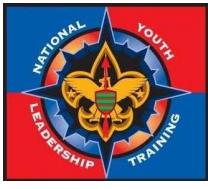
#### OPTIONAL ITEMS

- Battery-powered lantern

NOTE: \*\*\*Official Uniform—SCOUTS SHOULD BE IN FULL UNIFORM BEFORE REGISTERING.

Proper uniforming consists of a “Class A” or Field Uniform (khaki shirt, Scout/Olive green shorts, Scout socks) and a “Class B” or Activity Uniform (Scout shorts & T-shirt; Scout-related only, or a plain color). You will be in your “Class A” uniforms for a good part of the course. It will always be worn for Opening Assemblies and for meals. You will be advised by your Troop Senior Patrol Leader or your Troop Guide when you may switch to your Activity Uniform (Class B).

DO NOT BRING ANY FOOD ITEMS, SNACKS, CANDY OR SOFT DRINKS to camp. We will provide a well-balanced menu for you. You will be camping in a rural setting and there are animals that also enjoy snack foods.



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## Proper Uniforming

1. Class A (khaki shirt, Scout shorts/Olive green shorts, Scout socks)
2. Activity Uniform (“class B”) (Scout shorts & T-shirt)
3. Neckerchief slide (neckerchief will be provided)
4. Do **not** bring a Hat (a course hat will be issued and is to be worn properly-not backwards)
5. T-shirts (Scout related only – or plain color)
6. One course t-shirt will be provided, additional course t-shirts may be purchased.

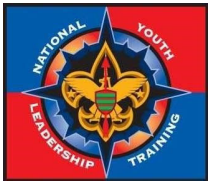
## Accoutrements

Patrol Assignment—You will be assigned to a patrol on course. This will most likely be a different patrol than the one you are in at your Home Troop.

You will be issued a course notebook that you must have with you at all times. **THIS IS PART OF YOUR UNIFORM.**

A stave will be issued to you. This is a Scout walking stick only, and that is the only purpose it is to be used for. If for some reason you decide to use it for something else, it will be taken away from you and you will not get it back. Therefore, you will be out of uniform for the rest of the course, and what kind of example will you be setting to others in your patrol and to your course Scoutmaster?

You will be in your Class A uniforms for a good part of the course. It will always be worn for Opening Assemblies and for meals. You will be advised by your Troop Senior Patrol Leader or your Troop Guide when you may switch to your Activity Uniform (Class B). A good rule of thumb is to observe what the staff is wearing.



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## WELCOME!

Dear Youth Leader;

Congratulations on your decision to attend the LHC Twin Arrow National Youth Leadership Training Conference. During the week you and other youth leaders from all over our council (and other councils) will be living, camping and working together as members of a patrol and a Troop. These pages provide you and your parents with important information that you will need to prepare for the course.

## IMPORTANT!

Bring the following items with you to the Course:

- BSA Personal Health and Medical form** - Bring a COPY (not the original) of your form to the course. DO NOT mail it to the Scout office. This BSA medical form **must** be signed by a physician and dated **no more than 12 months before the course**.
- A copy of BOTH SIDES of your **medical insurance card**.
- The “**Supplemental Medical Form**” that is part of this packet.

## KEY COURSE INFORMATION

- Location:** Camp Seph Mack, 1966 South Harmony Rd, Penn Run, Pa. 15765 in (Yellow Creek State Park)
- Camp Phone:** 412-325-7950
- Arrival:** Sunday, **June 13, 2021** 11:00am, Main Parking Lot, Camp Seph Mack
- Departure:** Saturday, **June 19, 2021** 9:00am, Main Parking Lot, Camp Seph Mack

## PARENTS: YOU ARE THE SECRET TO YOUR SCOUT'S SUCCESS AT TWIN ARROW

### Emergencies

First, **parents WILL be contacted in the event of an emergency**. If you do not hear from your Scout, you can rest safe in the knowledge that he or she is safely participating in the Twin Arrow program.

### Visitors

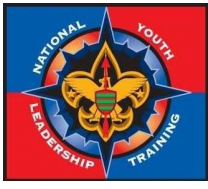
Please understand that there are no visitor nights, this is a leadership training course, not a summer camp and not a Scout Skills training experience.

### Camping

NYLT should **not** be the first long-term camp experience for a youth. Participants are presumed to be experienced campers who will not need assistance with basic camping skills.

### Electronics

We strongly recommend that you do not send cell phones, CD players, iPods, gaming devices, GPS devices, etc with your Scout to camp. They get lost, wet, dropped, or are a distraction. If cell phones or other electronics become a distraction to the Scout or others and interfere with full participation in the program, the devices will be held by the Course leaders and returned at departure. We believe that you did not send your son to sit at camp texting his friends or playing video games.



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In addition, Scouts with cell phones will tend to make the mistake of “phoning home” about things that need to be addressed by staff. For example, “My sleeping bag is wet.” Obviously, we can dry a wet bag **if we know about it**. It’s a little inefficient for a Scout to notify a parent who may be two hours away, that they have a wet sleeping bag or other problem, and then have the parents contact us, when we have staff immediately available to them at all times. **Please ask your Scout to notify his Troop Guide or other staff, who they will see many times every day, when there is a problem.**

## *Mail and Packages*

Mail is a welcome event for the Scouts. The U.S. Postal Service still makes daily deliveries to Camp Seph Mack and parents are welcome to send letters or packages. Packages of cookies may be inspected by the Course Director and Advisor. (They prefer chocolate chip but Snicker Doodles are good, too!). Mail can be a happy thing for Scouts, however, as you may know, letters saying things like “We miss you” or “we can’t wait to see you” will make your Scout homesick. Saying things like “We look forward to seeing you Saturday” or “We’re proud of you for your accomplishment” are likely to be less stressful.

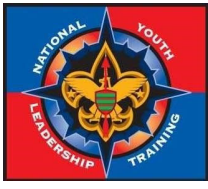
We’re excited about this conference! After seeing the list of youth leaders who will be attending this course, I know we’ll have a great week of fine Scouting. If you have any questions, feel free to call me at (724) 225-1016 or Charlie Huse, our Council Professional, at (412) 325-7950. We’re looking forward to meeting you at Camp Seph Mack in June. Remember, registration begins at 11:00am.

Very Sincerely,

A handwritten signature in black ink that reads 'Greg Tokar'.

Greg Tokar

Twin Arrow NYLT Course Director



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## Key Logistical Details

### ARRIVAL:

**Date:** Sunday, **June 13, 2021**

**Time:** 11:00am

**Place:** Main Parking Lot, Camp Seph Mack.

Arrival on time is crucial, the course activities begin at 1:00pm sharp.

### REGISTRATION:

- Finalize any fees due
- Review Medical Forms
- Review Personal inventory
- Assignment to a Patrol

When your Scout has completed registration, he or she will be assigned to a patrol. This is when the Scout will tell the parents good-by. The Scout will be escorted to the assigned patrol and the parents can depart.

### DEPARTURE:

**Date:** Saturday, **June 19, 2021**

**Time:** 9:00am

**Place:** Main Parking Lot, Camp Seph Mack.

Parents, please do not come to the camp parade field or any camp sites until the troop is dismissed.

# Pre-Event Medical Screening Checklist

This is a tool to assist leaders in identifying potentially communicable diseases in advance of event participation. The intent of this checklist is to review with each participant their current health status both before departure and upon arrival at the event.

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Has the participant had any of the following symptoms in the last 24 hours?

- Fever (100.4 F or greater)
- Vomiting
- Diarrhea

If the participant has fever, vomiting, OR diarrhea—**he or she should stay home.**

Has the participant had any of the following symptoms in the last 24 hours?

- Unexplained extreme fatigue or muscle aches
- Rash
- Cough
- Sore throat
- Open sore

If the participant has any two (or more) of these symptoms—**he or she should stay home.** If the participant has one of these symptoms, discuss any limitations and restrictions and consider having him or her stay home.

Participants who become ill should not return to the activity until they are cleared by a health-care provider.

**COVID-19****ASSUMPTION OF EXPOSURE AND INHERENT RISK, RELEASE OF LIABILITY, WAIVER OF CLAIMS, INDEMNITY AGREEMENT, AND DECLARATION**

I, the undersigned parent or legal **guardian of the** child named below, hereby consent to my and/or my child's participation in an Official Scout Activity ("**Scout Activity**") during the COVID-19 pandemic and agree to the following:

**COVID-19.** COVID-19 is a mild to severe upper respiratory disease caused by the virus SARS-CoV-2 ("COVID-19"). Experts have said that people with COVID-19 may show no signs or symptoms of illness, but can still spread the virus, and people may be contagious before their symptoms occur. Someone with COVID-19 may pass the required health screenings and be allowed into camp or the activity.

We also know the very nature of Scouting activities and camp makes social distancing and use of face masks difficult in many situations and impossible in others. Although we cannot ensure that all participants will follow all guidelines at all times, we will make every effort to encourage safe practices as appropriate.

**Potential Exposure.** I understand that COVID-19 is considered highly contagious and is primarily spread from person to person, including asymptomatic persons. COVID-19 is more likely to be spread when people are within approximately six feet of one another. I understand that while attending a Scout Activity I and/or my child may be within six feet of other people.

**Inherent Risks.** Exposure to COVID-19 includes certain risks, not all of which can be described herein, but may include coughing, shortness of breath, difficulty breathing, fever, chills, shaking, muscle pain, headache, sore throat, loss of taste or smell, pain or pressure in the chest, confusion, inability to wake, and death. The Boy Scouts of America, Laurel Highlands Council (LHC) has put in place preventative measures to reduce the spread of COVID-19; however, LHC cannot guarantee that you or your child(ren) will not become exposed to or infected with COVID-19. Further, attending Scouting activities or LHC properties could increase your risk and your child(ren)'s risk of contracting COVID-19.

**Assumption of COVID-19 Exposure and Inherent Risks.** I have read the previous statements regarding COVID-19 exposure and risks ("**COVID-19 Exposure**") inherent in attending a Scouting Activity. I understand and appreciate the COVID-19 Exposure inherent in attending a Scouting Activity and that health-related reactions may manifest as a result of attending a Scouting Activity. I agree that my attendance and or my child's attendance at a Scouting Activity is voluntary and hereby knowingly assume the risk of any and all COVID-19 Exposure.

Every staff member, volunteer, and Scouting family has to evaluate their unique circumstances and make an informed decision before attending Scouting activities or camp. We hope this information will be helpful as you make that choice.

**Waiver, Release, and Indemnification.** In consideration of being allowed to participate in a Scouting Activity and other good and valuable consideration, the receipt and sufficiency of which I hereby acknowledge, and on behalf of my child and myself, and our respective estates, heirs, and assigns, I knowingly, and with informed consent, do hereby waive, release, agree to defend and indemnify, and shall hold harmless the Boy Scouts of America, the Laurel Highlands Council Boy Scouts of America, my Unit, and Chartering Organization, and all of their respective executives, employees, officers, volunteers, agents,



owners, affiliates, officers, directors, partners, managers, members, and agents (collectively, “**Released Parties**”) from and against all demands, claims, losses, injury, damages, liability, attorneys’ fees, costs, and/or expenses of litigation, in law or in equity, whether known or unknown, that have arisen or may arise from any COVID-19 Exposure and my participation in the Scout Activity that involve any damage, loss, or injury to me and or my child. I promise not to sue any of the Released Parties for any such demands, claims, or liability. This waiver, release, indemnification agreement, and promise not to sue shall apply to any and all claims of negligence, but does not apply to any claims of criminal conduct, gross negligence, or willful conduct.

**Declaration.** I declare that neither I nor any individual residing in the same home as me are ill today nor are currently experiencing, nor have experienced within the last two weeks, any symptoms of COVID-19. I declare that prior to arrival at this Scouting event/camp, I/my child(ren) have reviewed the attached Pre-Event Medical Screening Checklist and have determined that I/my child(ren) are able to participate in the Scouting Activity/camp. I also agree that I/my child(ren) will comply with all Scouting Activity/camp COVID-19 safety policies including, but not limited to, arrival screening, facial coverings, and social distancing. Failure to comply may result in my/my child(ren)s dismissal from the Scouting Activity/camp without refund.

This document is revocable, prospectively only, by a writing signed by me that bears the date the revocation is delivered to the above-mentioned Council.

Print Child’s Name (if applicable) \_\_\_\_\_

Printed Name of Adult Leader, volunteer, or Parent/Legal Guardian of child: \_\_\_\_\_

Signature of Adult Leader, volunteer, or Participant Parent/Legal Guardian of child

\_\_\_\_\_

Cell Phone \_\_\_\_\_

Home Phone \_\_\_\_\_

# Pre-Event Medical Screening Checklist

Use this checklist to assist in identifying potentially communicable diseases before event participation.

The intent of this checklist is to review with each youth and adult participant their current health status, both before departure and upon arrival at the event. Anyone entering a camp or event — including visitors, vendors, etc. — should be screened using this checklist.

- Yes  No Have you been in contact with anyone who has COVID-19 or is otherwise sick?
- Yes  No Have you or anyone you have been in close contact with traveled on a cruise ship, internationally, or to an area with a known communicable disease outbreak in the last 14 days?

***If the answer is “yes” to either of these questions, the participant must stay home.***

- Yes  No Are you in a higher-risk category as defined by the CDC guidelines?  
If the answer is “yes” to this question, we recommend that you stay home. Should you choose to participate, you must have approval from your healthcare provider and then proceed to the symptom decision tree below.

***If the above answers are “no,” proceed to this symptom decision tree.***

